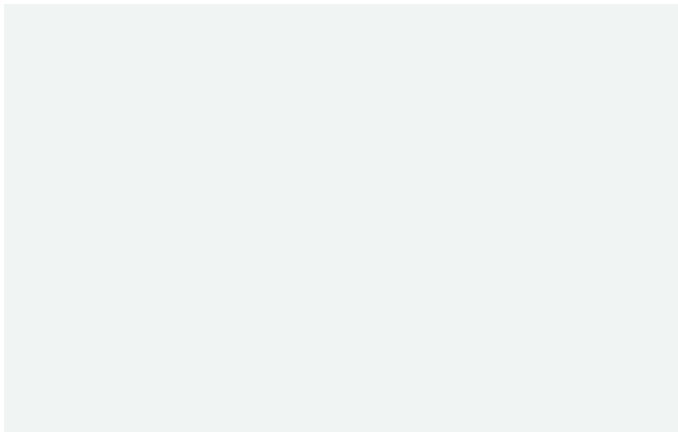


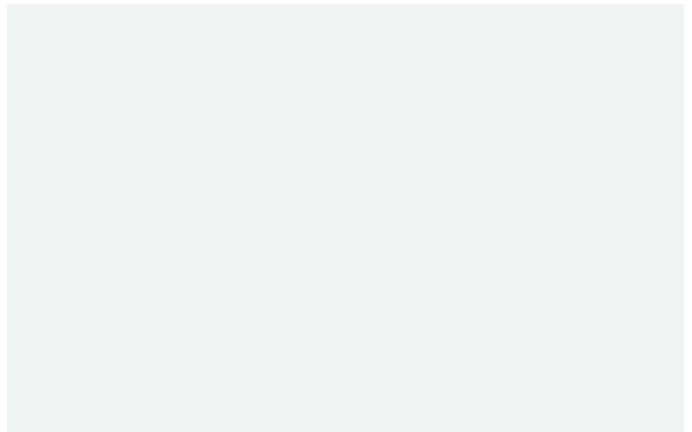
My 2021 Goals

BY EMBODY NUTRITION

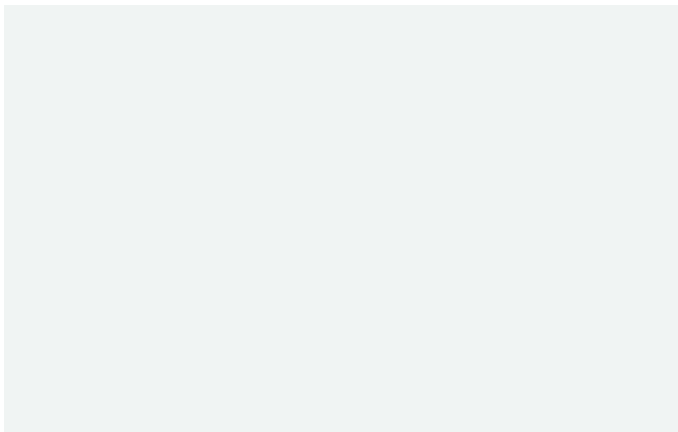
2021 HEALTH GOALS



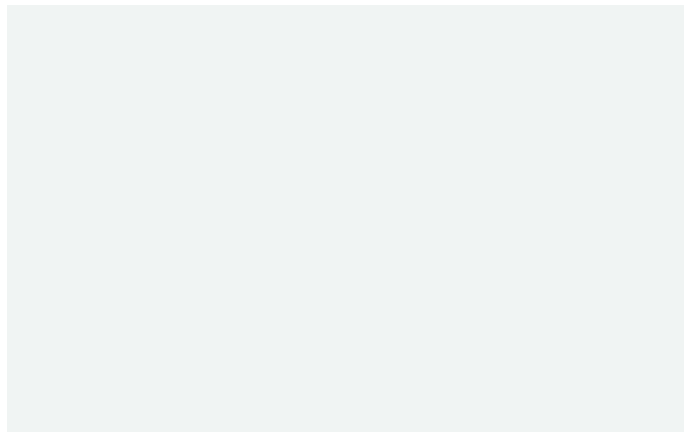
2021 FITNESS GOALS



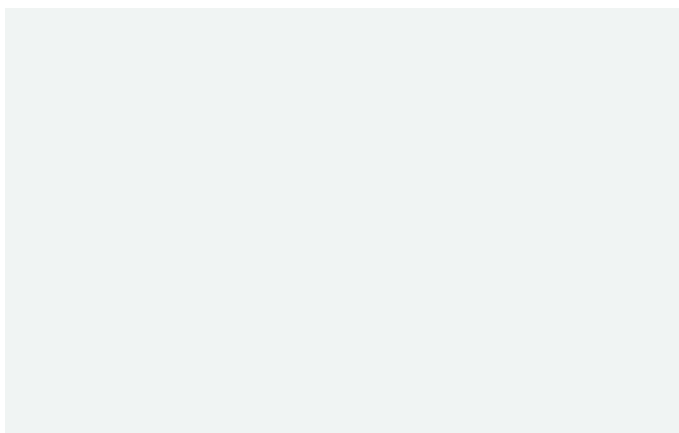
ACTIONABLE STEPS



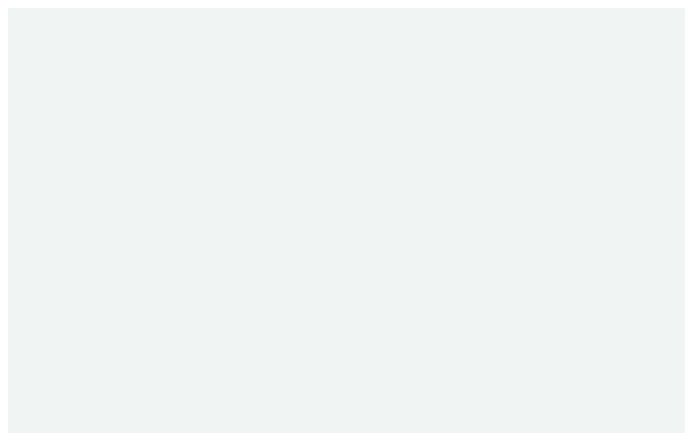
ACTIONABLE STEPS



POTENTIAL BARRIERS



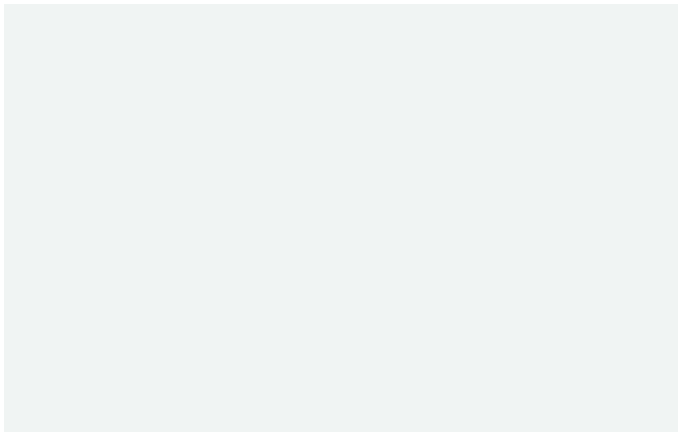
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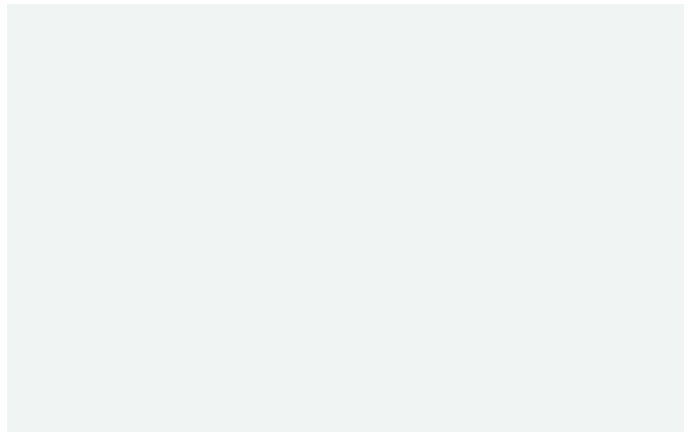
My 2021 Goals

BY EMBODY NUTRITION

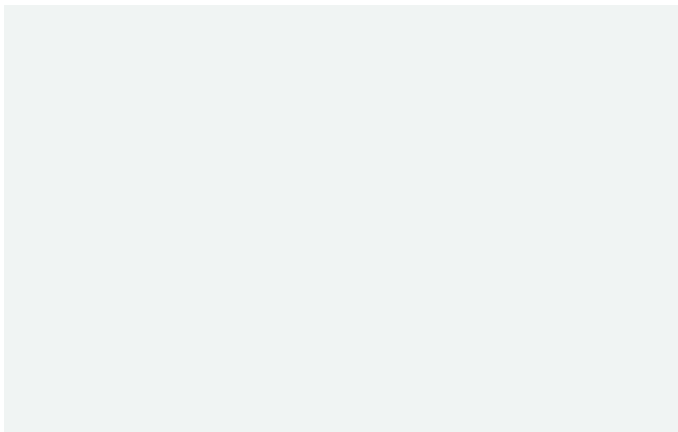
2021 RELATIONSHIP GOALS



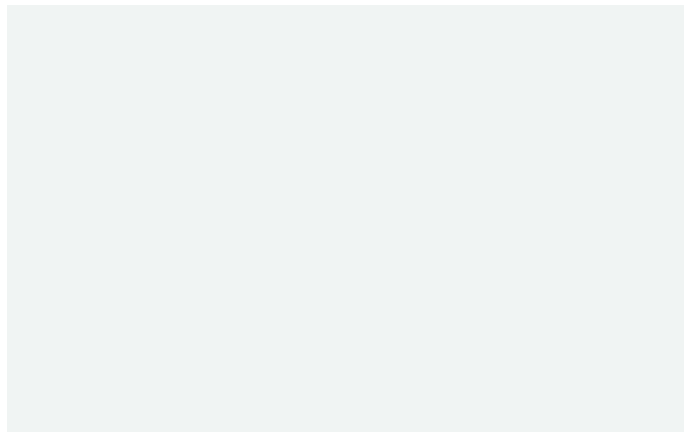
2021 CAREER GOALS



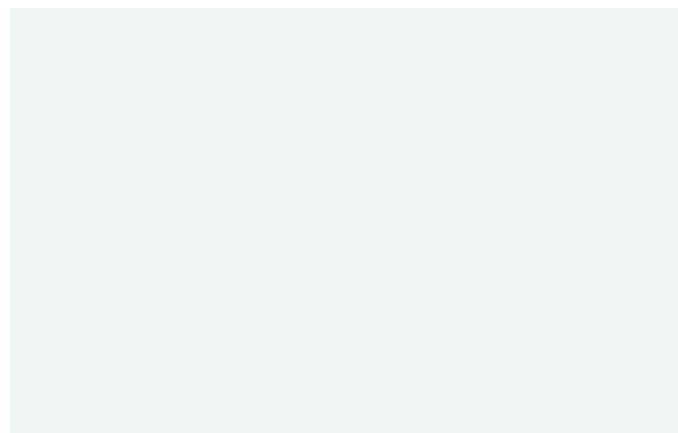
ACTIONABLE STEPS



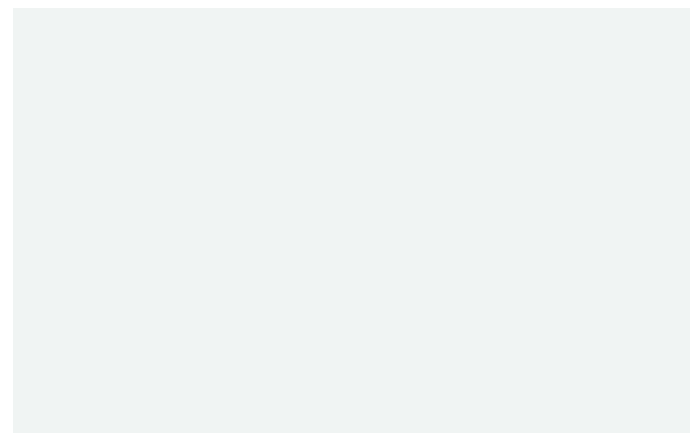
ACTIONABLE STEPS



POTENTIAL BARRIERS



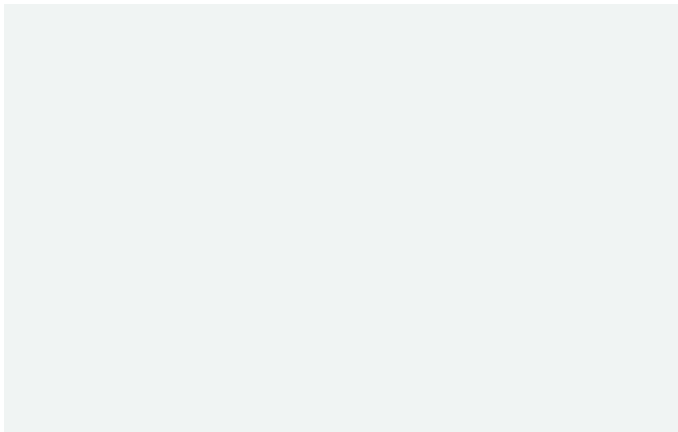
POTENTIAL BARRIERS



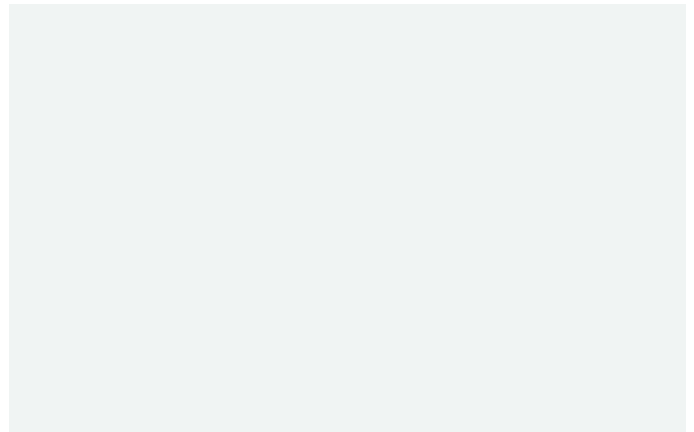
My 2021 Goals

BY EMBODY NUTRITION

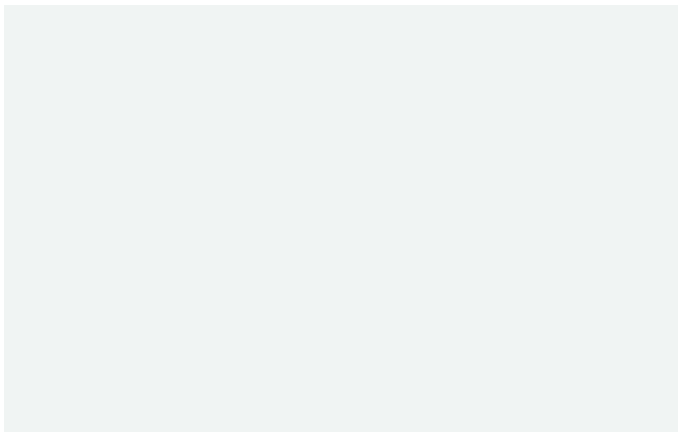
2021 FINANCIAL GOALS



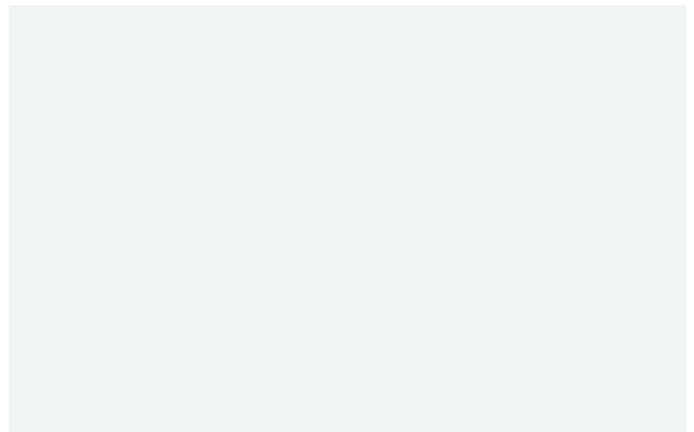
2021 PERSONAL GOALS



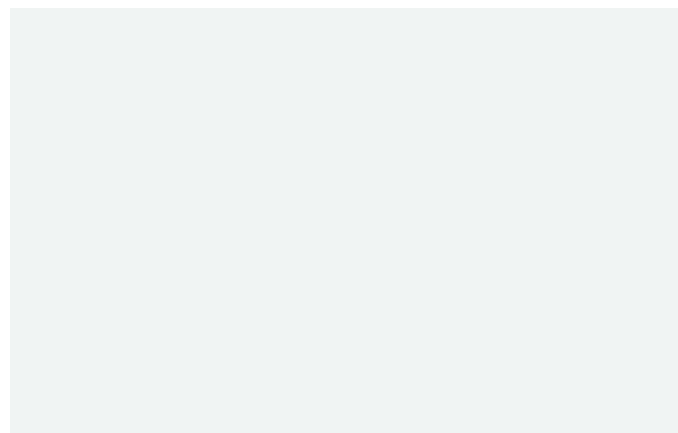
ACTIONABLE STEPS



ACTIONABLE STEPS



POTENTIAL BARRIERS



POTENTIAL BARRIERS

